

OAKSTONE RECREATIONAL

Mad Kidney Fest **October 8-15th, 2023** **Kidney Friendly Menu**

MONDAY

Chickpea Salad

Chickpea Mash over fresh mixed greens with diced red pepper, red onion, and zucchini

\$14

TUESDAY

Hummus Sandwich

House-made hummus on whole grain wheat bread with red pepper, roasted corn, and cucumber. Comes with a choice of side

\$13

WEDNESDAY

Chicken Tacos

Shredded taco chicken on three corn tortillas with diced tomato, diced white onion, chopped romaine, and avocado crema.

Served with limes

\$12

THURSDAY

Chicken Salad Sandwich

House-made chicken salad on whole grain wheat bread with romaine, red onion, and topped with sriracha sauce. Comes with a choice of side

\$15

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FRIDAY

Salmon Dinner

Garlic seasoned pan seared salmon served over a bed of fresh greens with Citrus slaw and house-made healthy apple sauce

\$16

SATURDAY

Closed - Restaurant is closed to the public for a wedding

SUNDAY BRUNCH

Egg White Omelet

Egg whites cooked and filled with sautéed onion, red pepper, corn, and roasted garlic. Comes with a choice of side

\$12

SUNDAY LUNCH

Garlic Shrimp Linguine

Grilled Shrimp served over linguine cooked in a garlic sauce

\$15

SIDES

Low Sodium Garden Veggies
Side Salad with

low sodium honey lemon vinaigrette \$2